



GET



THE FACTS ABOUT BREAST CANCER

1. WOMEN SHOULD BE DOING A BREAST SELF EXAMINATION EVERY MONTH AFTER AGE 20.

2. AT AGE 40, THE AMERICAN CANCER SOCIETY RECOMMENDS THAT WOMEN HAVE A MAMMOGRAM EVERY YEAR.

3. ONLY 1 IN 10 WOMEN WHO HAVE BREAST CANCER IN THEIR FAMILY HISTORY ARE DIAGNOSED WITH BREAST CANCER THEMSELVES.

4. THE EARLIER BREAST CANCER IS DETECTED THE GREATER CHANCE A WOMAN HAS OF LONG TERM SURVIVAL.



*Utah
Cancer Control
Program*

*A Joint Program of the
Utah Department of Health and
Utah's Local Health Department*